

**EDUC 479 - 4 Physical Education**

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**Section: D2.00**

**Scheduled Final Exam: No**

**PREREQUISITE**

Educ 401/402

**COURSE DESCRIPTION**

This course is designed to enable students to plan and implement a quality elementary school physical education program, as outlined by the Ministry of Education in British Columbia. Sessions will be both theoretical and practical in nature. Specifically the course will focus upon program organization, teaching strategies, assessment and evaluation, exploration of the P.E. IRP, as well as curriculum content in the areas of games, gymnastics, dance, individual and dual activities and alternative environments. Many practical activities will be introduced which will aide in the development of quality physical education for students in an elementary school system.

**REQUIREMENTS**

1. Students will select one grade level and plan a yearly physical education program for use in schools. The assignment will include philosophy, goals and objectives, teaching methodology, curriculum content, assessment and evaluation and several sample lessons.....60%
2. Students will prepare one sample lesson in the three major components.....30%
3. Class participation (based on seminar discussions and presentations developed from readings).....10%

**READINGS**

				<b>REQ REC</b>
0-697-12637-4	Kirchner, Glen	Dubuque, Iowa: W.C. Brown Publishers	<u>Physical Education for Elementary School Children</u>	X
	Hellison, Donald R.	Human Kinetics Publishers	<u>Teaching Responsibility Through Physical Activity</u>	X